

SUBSTANCE USE PREVENTION PARTNERSHIP

This is the monthly newsletter of the SUPP Coalition. We share information and updates central to our mission: *To strengthen our communities to support alcohol and drug free youth in Lincoln County.*

Launch the 2021-2022 grant year with us! Next SUPP Meeting: August 24 from 3-4pm MEETING HOSTED IN-PERSON

More Information on In-Person SUPP Meeting:

After a year of Zoom calls, our next SUPP meeting will be hosted in person to kick off our upcoming grant year with food, activities and celebration!

Please join the group down at the riverfront picnic tables below Round Top Farm (address here) from 3-4pm on August 24th.

Please click on the image to the right, which serves as a link to our virtual flyer for more information. You may find the RSVP link through this flyer or by using the link below. Thank you!

Substance Use Prevention Partnership August 24 Meeting RSVP Link

**Rain date of August 25



CELEBRATING

PLEASE RSVP THROUGH THE LINK BELOW BY AUGUST 6, 2021 We will be needing at the price. Tables at Coatal Rivers Consention Trut. Please park in "lower" parking lot at trailhead down to the inverterion. Be use to pool our Summer Meaks van where we will have snack, treats and materials for you before heading down to the water.

G: Healthy

SUPP 2021-2022 Schedule



Mark your calendars! The above dates represent SUPP meetings for this grant year. You can access the meetings through the Zoom info below. Stay tuned for meeting invitations for you calendar!

Join the SUPP Zoom Meeting https://zoom.us/j/92703222766? pwd=NHkyYzQwS3FBRHpVN0F6Z1IqODk4UT09

Meeting ID: 927 0322 2766 Passcode: 854753 One tap mobile +19292056099,,92703222766#,,,,*854753# US (New York)

Aug. Sep. Oct. ANNUAL DRUG TAKE BACK DAY AUG 24 OVERDOSE AWARENESS DAY: AUG. 31 SUBSTANCE ABUSE PREVENTION AWARENESS MONTH SUICIDE PREVENTION Nov. Dec. Jan. WINTER BREAK AND HOLIDAY CELEBRATIONS DRINKING, DRUGS, AND DRIVING AWARENESS MONTH COPD AWARNESS THE GREAT AMERICAN Mar. Feb. Apr. ALCOHOL AWARENESS NATIONAL DRUG AND ALCOHOL FACTS WEEK RANDOM ACTS OF KINDNESS DAY FEB 17 NATIONAL HEART MONTH WORLD HEALTH DAY. 1ST SAT SEMI-ANNUAL DRUG TARE BACK DAY May Jun. Jul. ANA USE AND MONTH MENTAL HEALTH AWARENESS MONT

We're trying something new! Each month will feature a substance use prevention topic. These topics will help guide our meetings, events, Facebook posts and more. Have something to add to this list? Please email lhannan@healthlincolncounty.org to be sure we don't miss out on an awareness day, month or topic.

Need these photos enlarged? They are clickable links! Please feel free to click on the above photos to download and print as PDFs to keep on hand.

What's New at Healthy Lincoln County?

Healthy Lincoln County Receives \$50,000 from the Comprehensive Addiction and Recovery Act Local Drug Crisis Program

We're excited to announce that Healthy Lincoln County (HLC) Substance Use Prevention Partnership, a project of MCD, was one of three Maine-based organizations that received \$50,000 in funding through the Comprehensive Addiction and Recovery Act (CARA) Local Drug Crisis Program.

MCD has worked closely with several Drug Free Communities over the past 15 years to help maximize the impact of targeted funds. HLC will use these funds to increase their efforts with LGBTQ youth and their parents, as well as for families involved in the lobster and fishing industries.

Congratulations to the other two organizations who also received \$50,000 each to combat the opioid epidemic: Choose To Be Healthy Coalition at York Hospital and Northern Light Sebasticook Valley Hospital.

Read more via Senator Angus S. King, Jr.'s website: https://buff.ly/3kiNUCS

View MCD's work with other Drug Free Communities coalitions: https://buff.ly/3keTAxV

Share Our Open Position! OPEN FOR APPLICATIONS: Substance Use Prevention and Recovery Project Coordinator

Do you have a passion for healthy living and youth development? Do you enjoy learning more about your community and finding ways to give back? Healthy Lincoln County (HLC) is growing and seeking another

Project Coordinator to join our team! The role is a 32-hour position with some flexibility in hours, and the ability to grow. This position is focused on building community support for youth substance use prevention and recovery in Lincoln County. This position will convene and collaborate with the partners and systems where youth and young adults live, learn, work, and play. Using assessment, outreach and education, the Coordinator will engage entities from across Lincoln County to implement evidence-based programs, addressing the root causes of substance use and finding ways to support our community's youth with prevention and recovery resources. This mission-driven work is meaningful and fast-paced. Experience in community health or substance use prevention, and familiarity with Lincoln County and/or the LGBTQ+ and commercial fishing industry is a plus. Supportive work environment and competitive benefits.

In collaboration with other substance use prevention staff, the Coordinator will also participate in overall HLC project activities and reporting. This individual will be responsible for coordination of work plan activities, grant reports, communication/marketing materials, quality improvement, and integrate the findings from data into organizational operations. In addition, the Coordinator will interact and maintain partnerships with key stakeholders.

For more information please visit the link below.

Employment - MCD Public Health (mcdph.org) Substance Use Prevention and Recovery Project Coordinator

Upcoming Training Opportunities

Latest Trends in Cannabis and Youth - Vermont Department of Health, Alcohol and Drug Abuse Programs (ADAP)

1:30pm - September 7, 2021 | Timezone: US/Eastern Hosted By: New England PTTC

This session covers street-level trends and influences that have arisen with the arrival of cannabis legalization. Officer Galloway will cover new forms including, dabs, wax, oils, shatter, THCA crystals, edibles and more. Also, highlighted will be Delta 8 and Delta 10 THC. He will show examples from different states that have legalized cannabis, including:

- New products
- Trends
- Cannabis-related items

Presenter

Officer Jermaine Galloway, known as the "Tall Cop", is a nationally and internationally recognized presenter, national award winner and resource for those involved with prevention, education, treatment and enforcement.

Who Should Attend?

These webinars are intended for and open to people across the state of Vermont interested in getting upto-date information on the latest cannabis trends and impacts on youth. This includes parents, school staff, local and state-level decision-makers and other community members seeking more information on cannabis and youth.

This training is offered at no charge through the Vermont Department of Health, Alcohol and Drug Abuse Programs (ADAP).

Register here.

Mental Health Resources

NAMI Maine Helpline: Phone: 1-800-464-5767, press 1 Email: helpline@namimaine.org National Suicide Prevention Lifeline: 1-800-273-8255 (press 1 for the Veteran Crisis Line) Maine Crisis Hotline: 888-568-1112 (text or call) Crisis Text Line: Text HOME to 741-741 Maine Intentional Warmline: 1-866-771-9276 For statewide assistance call: 207-221-8198



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